

STARTERS

CHEF'S SOUP 4.95
Crusty Bread

VEGETABLE SPRING ROLLS 6.95
Salad Garni / Hoisin Sauce

VEGETARIAN TORTILLAS 5.95
Salad / Mayo

DEEP FRIED BRIE & BEETROOT SALAD 6.95
Beetroot / Honey / Pine Nuts



HEALTHY
LIVING
=
HAPPY
LIFE

SHARING PLATES (FOR 2)

SELECTION OF TOASTED BREADS / Tomato & Garlic / Garlic & Parmesan / Mushroom 7.95

CHINESE VEGETABLES / Pancakes / Prawn Crackers / Hoisin Sauce 9.95

MAINS

VEGETARIAN LASAGNE 9.95
Chef's Veg / White Sauce / Handcut Fries

BANGERS AND MASH 9.95
Quorn Sausages / Onion Gravy

CHERRY TOMATO & FETA CHEESE TART 9.95
Spinach / Asparagus / Rocket / Pesto

STIR-FRIED VEG 9.95
Basmati Rice / Naan Bread

ROAST MEDITERRANEAN VEG KEBAB 9.95
Salad Garni / Handcut Fries

CHILLI VEG PASTA 9.95
Chilli Sauce / Med Veg / Pasta / Garlic Bread

WILD MUSHROOM RAGOUT 9.95
Smoked Cheese / Madeira Cream / Crusty Bread

MUSHROOM & BLUE CHEESE BRUSHETTA 9.95
Rocket / Balsamic Reduction

SALADS 3.50

ROCKET & PARMESAN
MIXED GREENS

SAUCES

PEPPER SAUCE / GRAVY / SPRING-WELL CREAM

SIDES

VEGETABLES 3.50

CHEF'S VEGETABLES
TOBACCO ONIONS
FRENCH FRIED ONIONS
MEDITERRANEAN VEGETABLES

POTATOES 3.50

SAUTÉED POTATOES
CREAMY MASH
HANDCUT FRIES
GARLIC FRIES
ROSEMARY & GARLIC

FREE WIFI LOGIN
PASSWORD: **eatwell123**

If you have any queries regarding the ingredients used, allergy information or GF options for the dishes shown, please chat to a member of staff



VEGETARIAN & VEGAN SELECTION AT THE GROUSE

If you have any queries regarding the ingredients used, allergy information or GF options for the dishes shown, please chat to a member of staff